

Region 5A Cross Country Championships
 Friday, October 28, 1983
 Lake Rebecca County Park, Rockford, MN
 5000 meters: Path through the park, a bit
 narrow, rolling to very hilly, course still
 a bit soggy from rains earlier in week

Weather: 49 degrees, NW winds 15-20 mph,
 chilly but reasonably nice,
 partly sunny

Boys Varsity Class "A" Team Results:

1. Crosier-Onamia	45 (4,5,9,12,15-24,26)	7. Blake	177 (2,38,44,46,47-48,70)
2. St. Michael-Alb.	80 (1,11,16,23,29-43,74)	8. Paynesville	221 (21,30,52,54,64-68)
3. Sartell	83 (6,7,8,25,37-63,67)	9. De La Salle	243 (27,33,55,59,69-72,81)
4. Cathedral	89 (3,17,19,22,28-32,34)	10. Pierz	248 (35,42,45,60,66-80,82)
5. Foley	155 (13,18,36,39,49-56,65)	11. St. John's Prep	278 (31,57,58,62,71-73,78)
6. Litchfield	162 (10,20,40,41,51-53,61)	12. Annandale	292 (14,50,75,76,77-79,83)

Boys Class "A" Varsity Individual Results:

1. Murray Bourelle	STMA	12	16:47	41. Mark Mortenson	Litchfield	9	18:37
2. Gordon Newman	Blake	12	17:02	42. Glen Winzenberg	Pierz	10	18:40
3. Pat McCarthy	Cathedral	12	17:23	43. Roland Robeck	STMA	9	18:42
X Bryce Luthens	New London-Sp.	10	17:25	44. Chris Posely	Blake	11	18:47
4. George Bienusa	Crosier-Onamia	12	17:29	45. Jim Faust	Pierz	12	18:49
5. Jim Grode	Crosier-Onamia	12	17:32	46. Frank Heegaard	Blake	12	18:53
6. Steve Scarince	Sartell	10	17:42	47. Max Grossman	Blake	11	18:54
7. Jerry Raymond	Sartell	12	17:45	48. Julian Jarvis	Blake	12	18:59
8. Mark Charron	Sartell	12	17:48	49. Matthew Gapinski	Foley	10	19:01
9. Dan Kramer	Crosier-Onamia	12	17:48	50. Todd Picken	Annandale	10	19:03
10. Tom Scullard	Litchfield	12	17:50	51. Jason Tintes	Litchfield	9	19:05
11. Francis Robeck	STMA	10	17:51	52. Randy Schaefer	Paynesville	11	19:08
12. Bill Lehn	Crosier-Onamia	12	17:51	53. Tim Costigan	Litchfield	9	19:11
13. Blaine Novak	Foley	11	17:57	54. Kerry Deegan	Paynesville	10	19:14
14. Dave Driste	Annandale	12	17:58	55. Frank Strahan	De La Salle	12	19:19
15. Brian Kiley	Crosier-Onamia	12	17:58	56. Terry Kramer	Foley	11	19:22
16. Darryl Martin	STMA	12	18:03	57. Sean White	St. John's		19:24
17. John Ibes	Cathedral	12	18:03	58. Colin Schroeder	St. John's		19:26
18. Rod Gapinski	Foley	12	18:03	59. Eric Iverson	De La Salle	9	19:27
19. Chris Manderfeld	Cathedral	11	18:07	60. Dick Held	Pierz	10	19:31
X Tom Ringhand	Crosby-Ironton	12	18:11	61. Terry Gendron	Litchfield	12	19:32
20. Dave Housman	Litchfield	12	18:14	62. Paul Blaske	St. John's		19:34
21. Randy Ruprecht	Paynesville	11	18:14	63. Brian Warzecha	Sartell	12	19:35
22. Mike Noonan	Cathedral	10	18:14	64. Steve Ruprecht	Paynesville	9	19:38
23. Pat Chervanik	STMA	10	18:17	65. Randy Beehler	Foley	11	19:41
24. Tim Young	Crosier-Onamia	10	18:17	66. Kim Hogue	Pierz	12	19:45
25. Kurt Lortz	Sartell	11	18:17	67. Bill Scarince	Sartell	12	19:47
26. Mark Thoennes	Crosier-Onamia	12	18:17	68. Greg Sullivan	Paynesville	9	19:51
X Scott Rupp	New London-Sp.	10	18:18	69. Andy Dols	De La Salle	12	19:55
27. Mickey Hingeley	De La Salle	11	18:20	70. Robb Johnson	Blake	12	19:57
28. Todd Bastien	Cathedral	11	18:20	71. Tim Bausteit	St. John's		20:03
29. Joe Schany	STMA	12	18:21	72. Tony Wojack	De La Salle	11	20:11
30. Clare Skjonsby	Paynesville	11	18:21	73. Ben Eustice	St. John's		20:17
31. Mike Byrne	St. John's		18:22	74. Chad DeMatteis	STMA	10	20:23
32. Neil Kampa	Cathedral	11	18:24	75. Bill Panhoff	Annandale	11	20:28
33. Paul Diedrich	De La Salle	9	18:24	76. Todd Nelson	Annandale	10	20:30
34. Dennis Wintheiser	Cathedral	11	18:25	77. Craig Sjodahl	Annandale	12	20:31
35. Dave Andres	Pierz	11	18:25	78. Leo Reigeit	St. John's		20:38
36. Tom Gall	Foley	12	18:26	79. Pat Roberson	Annandale	10	20:49
37. Jon Wheeler	Sartell	11	18:30	80. John Schmidtbauer	Pierz	12	20:55
38. Paul Hyde	Blake	12	18:31	81. Erik Blakkestad	De La Salle	12	20:59
39. Dale Walcheski	Foley	11	18:35	82. Steve Meyer	Pierz	10	21:10
40. Dean Helstrom	Litchfield	9	18:36	83. Adam Frieberg	Annandale	12	21:27